5426

ABSTRACT OF THE DISCLOSURE

A device and method for treatment of constipation wherein a horizontal bar is positioned a sufficient distance above a toilet that a person using the toilet can passively "semi-hang". The act of passively "semi-hanging" partially removes weight from the perianal area and straightens the torso thereby unfolding the sigmoid colon, increasing the sigmoid-rectal angle and the anorectal angle to facilitate defecation.